

## Language and cultural week in Delhi

Keen on making the most of your time in India? We recommend adding a week to the start of your programme to explore the wonders of Delhi with other volunteers.

The language and cultural week is open to participants joining our India Medical programmes in Delhi and Palampur. It is a great way to get over the jet lag, familiarise yourself with life in India and prepare for your volunteering.

Monday: Orientation	Receive an introduction to Delhi and learn about safety and cultural issues.
Tuesday: Sightseeing	Visit the largest Hindu temple in the world – Akshardham Temple, Birla Temple, India Gate and the presidential house. Enjoy lunch at a local restaurant with the group.
Wednesday: Hindi course	Take part in a Hindi language class, covering words frequently used and key expressions. In the evening, you can head to the local markets to practice your new language skills.
Thursday: Hindi course	You'll learn more key words and phrases, including useful phrases for your medical programme. You will then either take part in an Indian cooking class or watch a popular Bollywood movie.
Friday: World Heritage sites	You will be taken to Qutab Minar, Humayun's Tomb and the world-famous Lotus Temple.
Saturday: Trip to Agra	Take part in the weekend trip to Agra to see the iconic Taj Mahal. On the Sunday, you will head to your medical programme feeling refreshed and ready!

Please note that the schedule of the orientation week is subject to change due to any unavoidable circumstances beyond our control.

## What is included?

- Airport pickup
- Welcome dinner
- Accommodation
- Meals (2 meals a day, lunch is only included on excursion days)
- Coordinator support

## What do you need?

- Personal expenses
- Monument and Taj Mahal entry fees